

# Sunday Ceremony

## *Verse of Repentance*

All my ancient wrong actions  
Created from beginningless greed, anger, and ignorance  
Arising through mind, speech, and body  
I now fully avow

## *Three Refuges*

Buddham saranam gacchami  
Dhammam saranam gacchami  
Sangham saranam gacchami

Namu kie Butsu  
Namu kie Hō  
Namu kie Sō

I take refuge in Buddha  
I take refuge in Dharma  
I take refuge in Sangha

## ***Great Wisdom Beyond Wisdom Heart Sutra***

Avalokiteshvara Bodhisattva, when practicing deeply the Prajna Paramita, perceived that all five skandhas in their own being are empty, and was saved from all suffering.

“O Shariputra, form does not differ from emptiness, emptiness does not differ from form; that which is form is emptiness, that which is emptiness form. The same is true of feelings, perceptions, formations, consciousness. O Shariputra, all dharmas are marked with emptiness: they do not appear nor disappear, are not tainted nor pure, do not increase nor decrease.

Therefore, in emptiness, no form, no feelings, no perceptions, no formations, no consciousness; no eyes, no ears, no nose, no tongue, no body, no mind, no color, no sound, no smell, no taste, no touch, no object of mind; no realm of eyes, until no realm of mind-consciousness; no ignorance, and also no extinction of it, until no old-age-and-death, and also no extinction of it; no suffering, no origination, no stopping, no path, no cognition, also no attainment.

With nothing to attain, a Bodhisattva depends on Prajna Paramita and the mind is no hindrance. Without any hindrance, no fears exist. Far apart from every perverted view one dwells in nirvana. In the three worlds all Buddhas depend on Prajna Paramita and attain unsurpassed complete perfect enlightenment.

Therefore, know the Prajna Paramita is the great transcendent mantra, is the great bright mantra, is the utmost mantra, is the supreme mantra, which is able to relieve all suffering and is true not false.

So, proclaim the Prajna Paramita mantra, proclaim the mantra that says, Gate gate para gate para-sam gate! Bodhi svaha!”

*Invocation:*

All Buddhas, ten directions, three times  
All beings, Bodhisattvas, Mahasattvas  
Wisdom beyond wisdom, Maha Prajna Paramita

## ***Great Compassionate Heart Dharani***

Namu kara tan no tora ya ya namu ori ya boryo ki chi shifu  
ra ya fuji sato bo ya moko sato bo ya mo ko kya runi kya  
ya en sa hara ha e shu tan no ton sha namu shiki ri toi mo  
ori ya boryo ki chi shifu ra rin to bo na mu no ra kin ji ki  
ri mo ko ho do sha mi sa bo o to jo shu ben o shu in sa  
bo sa to no mo bo gya mo ha te cho to ji to en o bo ryo ki  
ru gya chi kya ra chi i kiri mo ko fuji sa to sa bo sa bo mo  
ra mo ra mo ki mo ki ri to in ku ryo ku ryo ke mo to ryo  
to ryo ho ja ya chi mo ko ho ja ya chi to ra to ra chiri ni  
shifu ra ya sha ro sha ro mo mo ha mo ra ho chi ri i ki i ki  
shi no shi no ora san fura sha ri ha za ha zan fura sha ya  
ku ryo ku ryo mo ra ku ryo ku ryo ki ri sha ro sha ro shi  
ri shi ri su ryo su ryo fuji ya fuji ya fudo ya fudo ya mi  
chiri ya nora kin ji chiri shuni no hoyo mono somo ko shido  
ya somo ko moko shido ya somo ko shido yu ki shifu ra ya  
somo ko nora kin ji somo ko mo ra no ra somo ko shira su  
omo gya ya somo ko sobo moko shido ya somo ko shaki ra  
oshi do ya somo ko hodo mogya shido ya somo ko nora kin  
ji ha gyara ya somo ko mo hori shin gyara ya somo ko  
namu kara tan no tora ya ya namu ori ya boryo ki chi shifu  
ra ya somo ko shite do modo ra hodo ya so mo ko

*Invocation:*

Ji Ho San Shi I Shi Fu  
Shi Son Bu Sa Mo Ko Sa  
Mo Ko Ho Ja Ho Ro Mi

## ***Bodhisattva Vow***

Beings are numberless, I vow to save them.  
Delusions are inexhaustible, I vow to end them.  
Dharma gates are boundless, I vow to enter them.  
The Buddha Way is unsurpassed, I vow to become it.

## ***Sutra Opening Verse (x3)***

An unsurpassed, penetrating, and perfect Dharma  
Is rarely met with, even in a hundred, thousand, million kalpas.  
Having it to see and listen to, to remember and accept,  
I vow to taste the truth of the Tathagata's words.

## ***Pali Refuges***

Buddham Saranam Gacchami  
Dhammam Saranam Gacchami  
Sangham Saranam Gacchami

Duti-yampi, Buddham Saranam Gacchami  
Duti-yampi, Dhammam Saranam Gacchami  
Duti-yampi, Sangham Saranam Gacchami

Tati-yampi, Buddham Saranam Gacchami  
Tati-yampi, Dhammam Saranam Gacchami  
Tati-yampi, Sangham Saranam Gacchami